

# star bodies diet-tribe

You may think you would love to snog Hugh Grant, but you'd have other ideas if you got too up close and personal

## PASS THE BREATH MINTS!

**B**ad breath. Halitosis. This embarrassing affliction is often caused by the Atkins diet. One man who has made it his life's mission to find out more about this social stigma is **Dr David Speiser**, who runs The Australian Bad Breath Clinic.

The doc says the high intake of protein and limited fresh fruit in Atkins can turn breath foul.

"Atkins dieters are prone to very bad breath, in addition to headaches, diarrhoea and bloating," says Dr Speiser. Nice.

Oscar winner **Hilary Swank** fell victim to bad breath while filming *Million Dollar Baby* due to the high protein diet she was on.

Talk about suffering for your art. "In addition to the constant cravings for carbs and sugar, the worst part was that all the protein gave me the most horrendous donkey breath," Hilary said at the time.

**Sandra Bullock** reveals she's also encountered men with bad breath, and those men were heart-throbs **Ben Affleck** and **Hugh Grant**.

Rumour has it that Hugh's cohorts begged him to take Listerine strips before attending the Academy Awards in 2002.

If you're holding your breath for an answer to halitosis, you can call 1300 653 335 or log on to [www.breezecare.com.au](http://www.breezecare.com.au).

Gigli and Two Weeks Notice stank, but not as much as Hugh and Ben

SANDRA BULLOCK & HUGH GRANT

HILARY SWANK



BEN AFFLECK & BRUCE WILLIS

